

Funding Provided By:



Ministry of
Children and
Development



Our consultants are certified
with the International Association
of Infant Massage



Shuswap Children's Association

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CARF has accredited Shuswap Children's Association for its

- Behavioural Consultation Services (ASD-Children & Adolescents)
- Behavioural Consultation Services (Children & Adolescents)
- Community Integration (Children & Adolescents)
- Family & Respite Services (Children & Adolescents)
- Services for Children & Youth: Early Intervention Services



**COVID safety precautions are in effect as
per the provincial health orders.**

September 2021

Serving
Families and Children
since 1982

Infant Development Program



Infant Massage

Phone: 778-824-0440/778-824-0439

Email: idx@shuswapchildrens.ca

www.shuswapchildrens.ca



Infant Massage



You will learn ways to:

- Help you and your baby relax
- Help comfort your baby
- Give you more way to enjoy time with your baby
- Help you read more of your baby's cues

Join us for 4 sessions!

It's a very relaxed group
and your baby's needs come first.



What will we do?

- Introductions
- Make sure baby is warm and comfy
- Learn and review massage techniques
- We will have a snack break and time for any questions

“Being touched and caressed,

being massaged,

is food for the infant;

food as necessary as

minerals, vitamins, and proteins.”

